



The Seven Principles for Making Marriage Work: How They Might Look in Your Office

Alaska Association for Marriage and Family Therapy
Co-sponsored by UAA and held on Campus

Saturday, 8:30 – 9:00 Registration
October 9, 9:00 – 11:30 The 7 Principles
2010 11:30 – 12:30 Student Presentation
12:30 – 1:30 Brown Bag Lunch
Poster Review
1:30 - 5:00 The 7 Principles

CEUs: Workshop: 7 Principles - 6 / Student Presentation - 1
(submitted to Alaska Licensing Boards for approval)

Workshop Location: SSB (Social Sciences Building)
Room 118

Join your colleagues in an overview of the Gottman Method of Marital Therapy.

Nina Grueneberger , LCSW

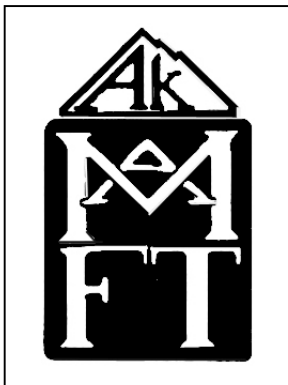
will present the Seven Principles and using the tools described in the book, The Seven Principles for Making Marriage Work by John Gottman and Nan Silver. The Sound Relationship House Theory, based on the seven principles, has four main areas: the friendship, the positive vs. negative perspective, conflict management for solvable and perpetual problems, and a way to support life's dreams and form shared meaning. Each of these four areas will be explained along with the tools used to help couples at each level.

Nina Grueneberger, LCSW is a Certified Gottman Method Couples Therapist. She is also a Board Certified Diplomate through the National Association of Social Workers. Nina Grueneberger has an extensive background in the field of mental health for the past 22 years. As a Certified Gottman Therapist, Nina is an international consultant for therapists completing Gottman Certification Training. Additionally, she is a Certified Gottman Method Couples Workshop Leader and trainer for other Gottman Certified Therapists who want to become Couples Workshop Leaders. Nina also presents Gottman Level I and Level II training for Therapists. She has a private practice In Sacramento, CA where she practices and consults using Gottman Method Couples Therapy with a focus on building healthy relationships between partners, and helping other therapists to skillfully offer the Gottman Model in their practices as well.

Nina will also be presenting at the NASW-AK Conference October 7th – 8th in Fairbanks.

This year our workshop is being co-sponsored by UAA and held at the UAA campus. It will include poster presentations by students as well as a presentation by a graduate student in the MFT field selected from applications submitted from colleges in the lower 48 states.

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The Seven Principles for Making Marriage Work: How They Might Look in Your Office **REGISTRATION FORM**

Name: _____ **Profession:** _____ **License:** _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____ **Telephone:** _____

Employer: _____ **E-Mail:** _____

AkAMFT Members:

_____ **Before September 1, 2010 \$110** _____ **After September 1, 2010 \$120**

Non Members

_____ **Before September 1, 2010 \$130** _____ **After September 1, 2010 \$150**

_____ **Student with current ID \$20**

_____ **Student Presentation 11:30 – 12:30** _____ **Brown Bag Lunch \$20.00**

Support our graduate and undergraduate students who are presenting their work.

Check #: _____ **Amount:** _____ *Confirmation receipts sent only by e-mail; make checks payable to AkAMFT*

Mail to: **AkAMFT 2605 Denali, Suite 203, Anchorage, Alaska 99503**